Level 2 Activities



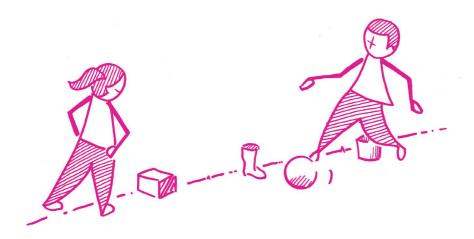
Under Control

Equipment Needed

A ball, six items to use as obstacles for example, soft toys, cans, bottles, tubs, small boxes or items of clothing.

How to play

Set up your obstacles in a straight line leaving 1 metre between obstacles. Dribble your ball with your feet or your hand, weaving around the obstacles. Alternatively, you can do this by striking the ball using a hurley or a small bat with a short handle.



Adapted from PE at Home (DCU/PDST) - Games, 1st/ 2nd Class, Video 4

